

What if Life Mastery is the Core of Human Existence?
Could it Really Be the Source of all Our Joy?

We Are Human

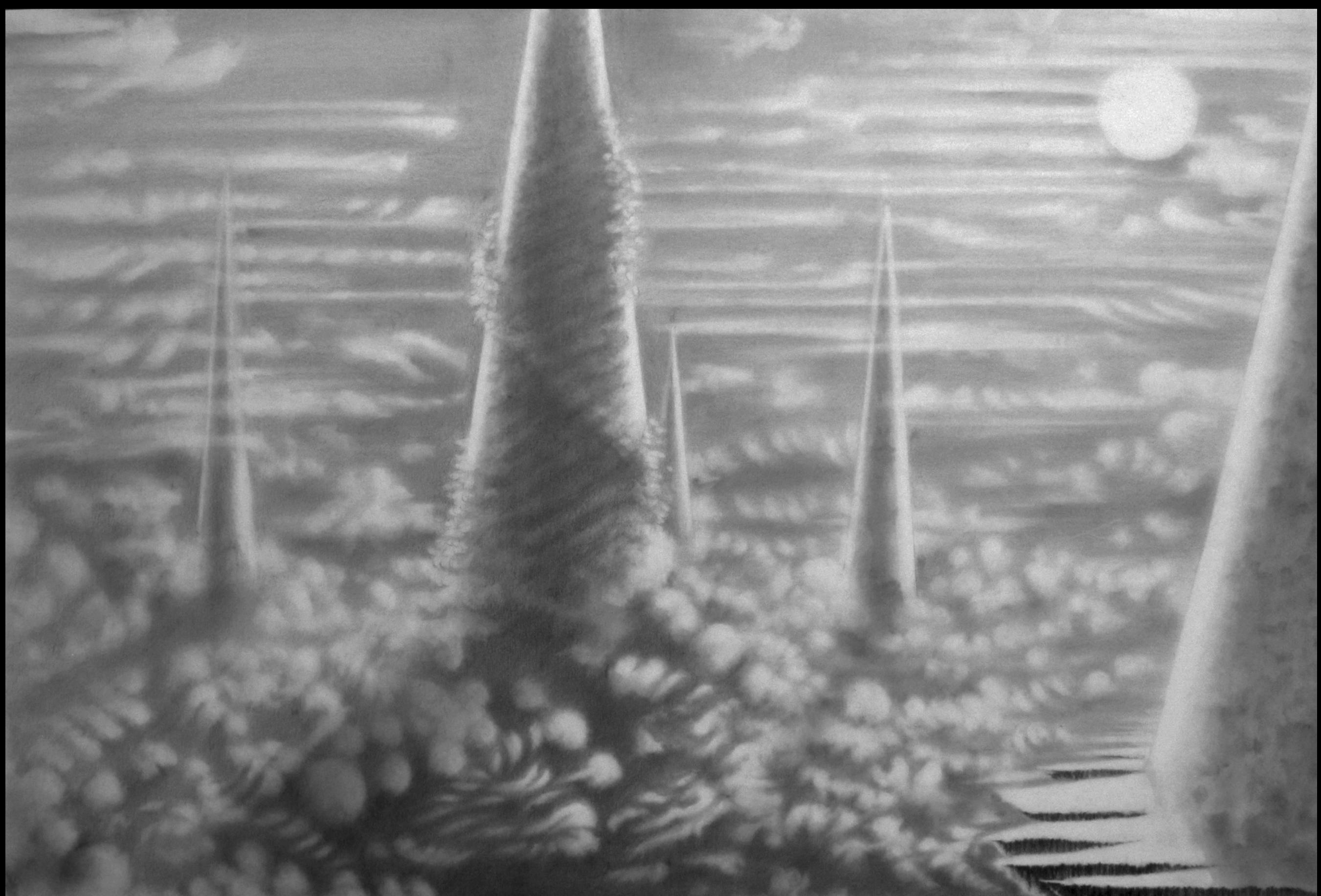
CHAPTER 13

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LION

Chapter 13

THAT'S LIFE



"EVERYTHING WE DO ON THE EARTH IS AS THE CLOUDS. BUT,
THE NOW WILL NEVER CEASE."
-LION

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She's almost tantalizing, but the look in her eye says she's all yours. As she beautifully dances to nature's song her golden hair flows with a shining grace. Her dress flutters with her fierce and confident motions as the white pearlescent texture sparkles like the life in her eyes. Every movement, down to the last cuticle of her fingers expresses the awe of creation. From her head to her toe's, diligence and finesse shines through and reverberates through the youniverse. She whips and waves the movements of the ocean and she speaks through the trees. Is she beautiful enough to keep us from Distraction?

With a burning attraction to dance, like the north and south poles of a magnet, you couldn't stop this dance, not if you wanted to. You can change her clothes, her hair, her eyes and even her feet. You control everything about her and yet, you still cannot stop this dance with Desire. Your eyes meet your bare feet as the woman fades. Beneath you is the sweet song of circumstance. The dance with Desire has lead you here.

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The warm sun peaks through the sky; she wears the garments of clouds and smiles down, shining you with her rays of joy, warmth and abundance. Peering into the mountains as they fade gently into the backdrop of the luminescent sky. An ocean of clouds turns it into sea. You feel small, like a single grain of sand. Somewhere out of sight a chorus of birds sing with the soft tone of the wind. Nature's grin fills you with bliss as your skin begins to tingle with a rush of excitement; your heart dances and sings and singing says, "How grateful is thee!" The euphoric bliss lifts you into the song of Nature: you meet her with dignity and fall into the rhythm of her dancing arms. You close your eyes as you draw in a deep breath—the crisp air meets the tongue with delight and the ethereal smell of Earth's body fills your nostrils. Oxygen races through body, you can feel it pulsing through the veins. Ineffable beauty envelopes you as every cell of your body can be felt dancing to the song of Life.

The mind is quiet and still. The glassy waters fall as you sit behind a tranquil curtain of shimmering mist. "Shh..." The whispers of the waters ease the spirit into a new state of mind.

Recall your vision from the previous chapter, what have you seen? Immerse yourself into the meditative state and open up to the sea of possibility. Look down at your feet, wiggle your toes into the ground. What are you standing on? How does it feel? What sounds dance through the rhythm of space? Feel your blood circulating through your body and your heart beats like a soft drum. Peer out into the

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distance, as far as you can see. Where are you going? Now, fast forward. Before you is the door of your absolute perfect vision of reality. Open it and step through, for you have arrived. How does the temperature feel? What do you see, feel, hear, taste? Are there any people? If so, what are they doing? What are they wearing? What personal emotions are they feeling? What do you feel? What is your position in this space? What actions are you performing, if any? What is the emotional state of the scene? What have you concluded about this place and what are you aware of? How does the passing of time feel? How does your skin and hair feel in the atmosphere?

The mind is quiet and still. The glassy waters fall as you sit behind a tranquil curtain of shimmering mist. “Shh...”

As you begin to rewind your imagination through time you will begin to imagine the daily actions of the person you are to become. Just before you arrived in this place, what did you do? What did you do a few weeks prior? Rewind faster, faster, what did you do a year before? Now, five, ten years before? What will you do in a year, a month, a week, a day? What will you do right now that connects you to this vision? Do not expect all of this to be revealed at once. Vision takes time and practice. It requires you to dance in the HereNow with your True Destiny or Desire.

Now we have connected this very moment with your future self. You have seen it, felt it—You were it. You have already become this possibility in your mind. Alas, it is only but a single possibility in a sea of infinite possibilities.

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You must do everything in your power to align your reality to this future. The rate at which your actions and focus aligns with this possibility determines your fate, or manifest destiny. The True Destiny is the absolute perfect vision.

The reality is, our bodies are autonomous goal-seeking machines. In each moment, a new future is carved out in the sea of possibility. The human who does not exercise their ability to determine outcomes will be blinded by a future dictated by circumstance, genetics and defaults. They will be ruled and governed by those who do exercise this ability to see and create a possibility they believe and perceive to be just that.

The reality is that we will undoubtedly face great adversity on our journeys. But, regardless of whether we pursue this perfect vision or not, we will face great adversity anyway. We will face and endure tremendous pain but, do not worry, we will have to face this pain no matter what. Yes, it will take a lot of time, but do not fret, for this time shall surely pass anyway. To the human with a destination; all our adversity, time and pain does not happen to us. Instead it all happens for us. It acts as a guide, a mentor. When we observe it as such it is much easier to turn the sails. To go a new direction. To change our mind and question our default beliefs and perceptions. We ditch the stormy waters of hardship and circumstance to be thankful for something as miraculous and profound as a life. This type of suffering may be a test of grit, of persistence, of humility to get to where you truly ought to be. Perhaps my friend, That's Life.

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The result of the warrior's journey is exactly what makes you above all the animals—this is your Call of Duty—Can you do it?

Control your inner monkey. Perhaps what separates us from the animals is our quantum light field, or our soul. The function of our quantum light field is to influence our world, our reality. We communicate to our reality in various ways including Acoustic Resonance, or sound. Sound itself is physical phenomena. It's often described as vibration that propagates as a wave and able to travel through all forms of matter. The language of sound is cymatics. When matter is excited by sound, patterns of vibration occur on the surface of the object. This is the sound principle; when sound encounters a medium it imprints an invisible pattern of acoustic energy.

The question is, how do we communicate to reality with acoustic resonance? We can literally speak our thoughts and desires into words. However, we must consider the years or perhaps decades or generations of communicating that which we do not want or shall we say false perceptions and beliefs. It will take time and a change of perception to undo and recreate our realities. The second and most effective way to influence and communicate with our reality is through the heart. The heart makes a literal sound which we've deemed a beat. This is not a coincidence. In acoustics, a beat is the regularly recurring amplification of sound produced by two simultaneous sounds having different rates of vibration. .

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Let's examine the possibility of these two sounds. The beating of the heart is one sound but, what is the other? I believe it is emotion and belief. The evidence of this will require your observation. Take note of what happens to your body at the height of emotional experience. Can you feel your skin tingle and your hair stand up? The second sound of emotion is under your control. You create it.

According to the sound principle, this sound imprints an invisible pattern into all forms of matter it meets. Namely; your body, genes, and all of creation around you including plants, animals, and other humans. This invisible pattern induces reality to shape into our perceptions. Reality must obey what we believe, because We Are Human. We have the power to control the sea of possibility. Why imprint creation with negative energy? In the end, we get what we put out whether it was truly desired or not. Why not think, feel, say and believe only that which we do want? Imprint all of creation with your true desires and it must obey you.

Control the inner monkey. To cut away and separate your true desires from false desires and distractions we must harness the animalistic energy within us; our inner monkey. This inner monkey wants pleasure, sex, security, shelter, food, comfort and a host of other natural instinctual desires. To get that which you truly desire we must learn to harness these energies instead of feeding them. Not shut them off or repress them but, control them, transmute them into our Call of Duty.

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We must use them to discover why we're here and what we're supposed to do. Then, see our purpose, become one with it. Our job is to find our genius, or process. Master it. Perhaps this has been your one and only true desire all along.

We all fail. Elon Musk said, "If you are not failing, you are not innovating enough." Comfort is the death of innovation. I look to failure as I would a video game. In a video game if you are not running into problems, you're going the wrong way. It's when you run into all kinds of problems that you know you're going the right way, I think that this sheds light on the truth about the reality we live in as well. It's sort of ironic, isn't it? How failure leads us to success. A big part of my life and maybe yours too, was running from the pain of failure. What if we quit running from it and instead, embraced it? Even created more of it?

When I was a child, I was an open book. I was a free spirit. Scared of nothing. I laughed freely and could befriend anybody. Somehow, I managed to outgrow that, I managed to shut people out of my life. I somehow managed to hide inside of a dark shell. It was lonely and at times it was very sad. I would say to myself, "I don't care what people think." Oh, I did though and perhaps these were just words of comfort. Excuses perhaps, not to approach and befriend people. After so much time alone, conversation becomes unnatural and awkward. That awkwardness is painful; it makes me sweat and it surely doesn't help make friends. It wasn't too long ago that I made a decision; I crawled through a window and decided

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to never go back.

I decided that I was sick and tired of being so closed off from social interaction. I studied for days on the topic of communication. I spent my nights listening to the best information I could find and I took notes. I visualized in my mind that I was a charismatic speaker, full of energy and interesting knowledge. I visualized myself being me. What I learned through my studies on the other side of my decision was to stop avoiding awkward situations and instead seek them, embrace them. Fail more. For a great deal of time, I ran from these situations and that only made them more frequent and thus more awkward and more painful to bear. I ran from situations where I could perhaps be awkward, oh, I ran like hell. On the other side of this decision was a brave warrior, someone I had not known to exist. I did seek out awkward situations, I still do. The few days following my decision, I saw myself emerge from the depths of my shell.

I began approaching people; I didn't care that it was awkward and I focused on being my genuine self. I cut the crap and talked about deep stuff, I made big talk. It's who I am, I hate small talk. Before me now were real people, people that would open up to me. People that were incredibly happy to meet me. People that said I was a lot of fun and very intelligent. People whom referred to me as their mentor and looked up to me. I met beautiful women, we danced in the street and held onto each other. We hugged and kissed, laughed and played. All because of a decision I made.

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My life changed forever, I don't run from social situations (quite as often) anymore. I still fail often, I still get awkward but, I experience the souls of so many wonderful people and that is worth all the awkwardness I can fathom.

Everyone falls but, not everyone gets back up. You, my friend, you must have the heart to get back up because, it will change your life. Beyond the fall is something amazing in store for you. It's beyond imagination. Falling is a part of the journey of life, it keeps us on our toes, it makes us strong, it builds character and most importantly, it forces us to gratify the times we are not failing. It keeps us in check and helps us appreciate the wonderful things of life. When you fail, I want you to rejoice! For something amazing is just around the corner. Perhaps more importantly, it always teaches us something profound about ourselves. I want to challenge you to embrace failure, to keep plowing forward! To never give up. After all, it's only when we give up that we become failures.

Repetition is human nature, it's what creates our habits. We create habits in our subconscious because our focusing power is limited. When we create a habit, we stop thinking about it and just do, allowing our minds to focus on other tasks and thoughts. When I went into my shell, I began running from social interaction. I ran so much that it became a habit. When I went to parties or social gatherings, I sat in the corner and remained silent. I felt alone and out of place. I repeated this behavior so often that it became habit, I no longer had to think about running, it was just who I was and what I did. I felt bad about myself and I was insecure.

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At the end of the day, “I just don’t fit in with anyone.”

You see, my bad habit greatly affected my life. I actually believed that I just did not fit in with anyone! The reality is, I created this habit. I reflected my belief in reality. The problem we face with our own subconscious is that most of the time, we do not know we are wiring our habits and before you know it, Wham! It’s already crystalized and automatic. I unconsciously wired my brain to run from social failure. I wired my brain to shut people out and I got quite good at it, even convincing myself that I just simply didn’t fit in, that I just was not social. And I did not fit in and I was not social.

Has this been ringing any bells for you? In what areas of your life have you run from failure? Has this behavior become habit and if so, how has it affected you? I’m going to show you how to rewire your subconscious to form the habits you truly want. The first thing is this; visualize your future at this current moment with your current behavior and then visualize your future the way you want to see it. Then, open the window of decision and crawl through. This is your moment; you’re finally fed up! Maybe you’re fed up with your eating habits, maybe you’re fed up with your relationships with others, like I was. Or maybe you’re fed up with running from the fear of not pursuing your dream. Crawl through the window of decision and never go back. Next, embrace the fear and the failure. Remember that when we fail, we’re going the right way. Always, embrace the present. If you have not realized it yet, take some time to ponder the fact that it is always right now and that

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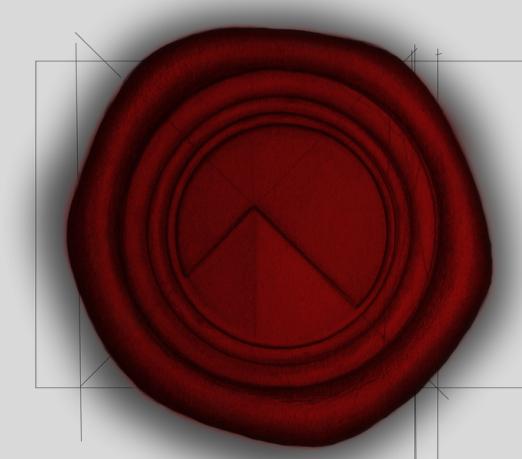
moment you're having right now, it's a gift. It's the present and when we appreciate this gift and live in it, we accept the gifts that come with it. We create opportunities and crawl through windows, we embrace the possibilities and create experiences. Take action. Learn how to improve, study from credible sources of information and train your body and mind to apply what you have learned.

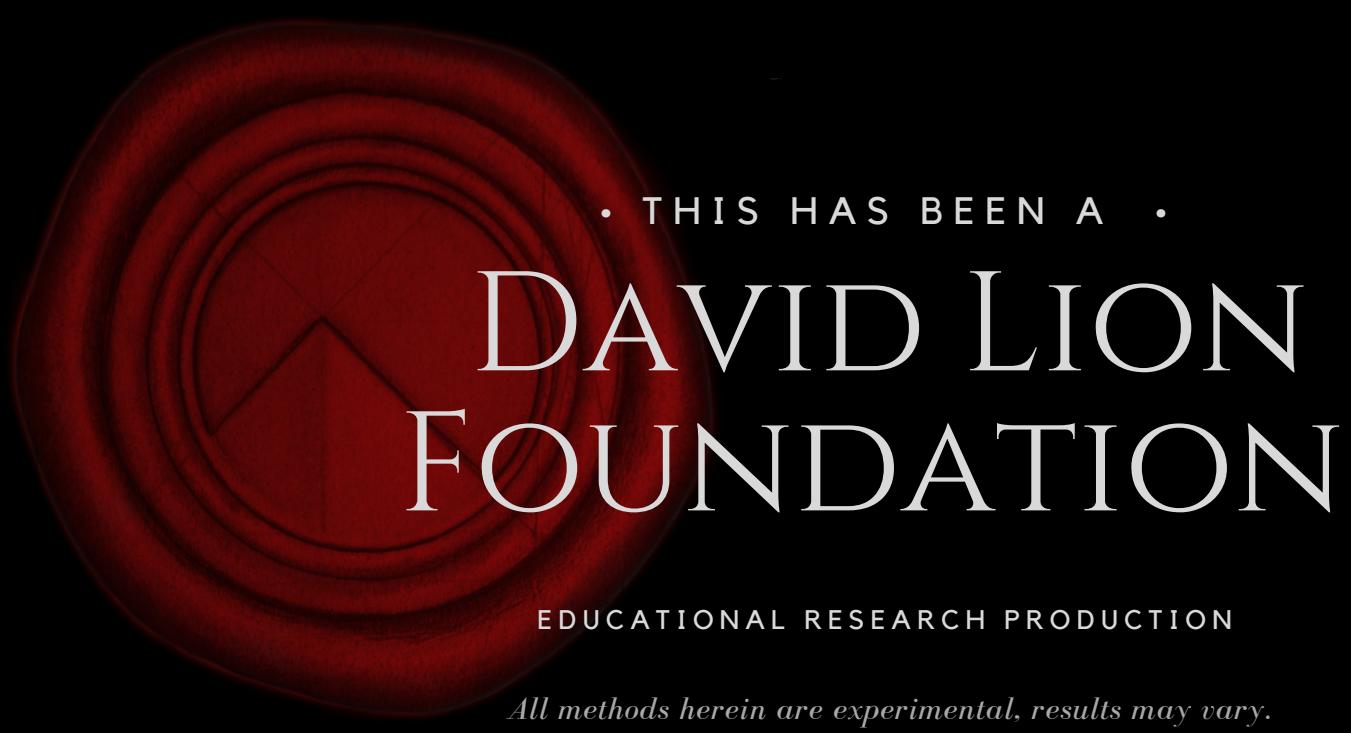
It takes time to wire your brain and it takes conscious effort on a daily basis but, after 2 whole months it will become habit. When you create a conscious habit, you take control of your life. What seemed like a lot of work in the beginning, comes naturally and we take action on a subconscious level. Habits are incredible things when we decide which behaviors become one of them. You're going to fall a lot, we all do. Be that special person to get back up and see the beauty of the fall and you will achieve your True Destiny. Remember this if nothing else, we reflect in reality, that which we believe

Well done!

TAKING ACTION

I know the fire is in you too, doesn't this
feel great?





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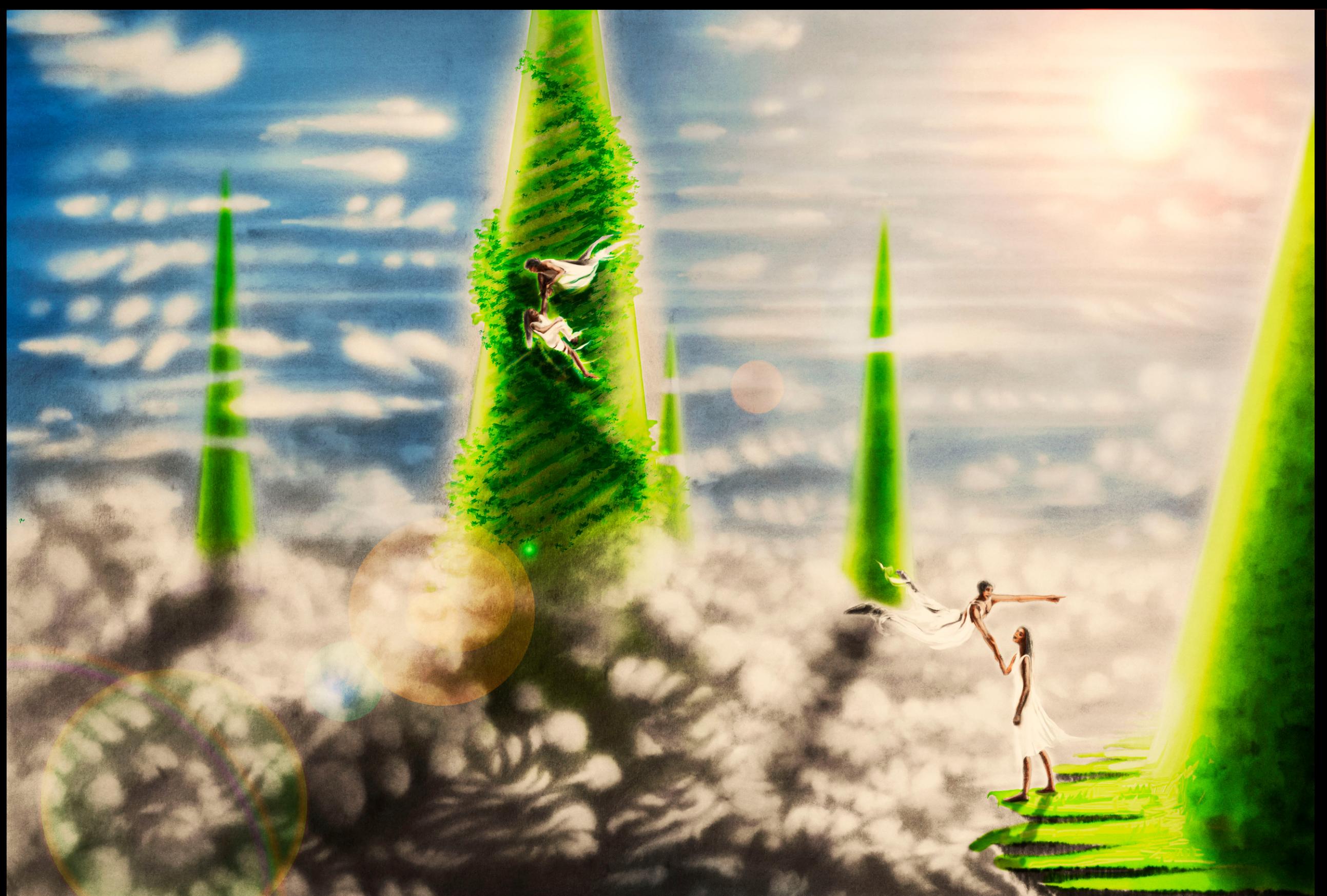
EDUCATIONAL RESEARCH PRODUCTION

All methods herein are experimental, results may vary.

This pain
Has power
At least I
Think
Shackles fall
Lights flash
I see a new me
Full of curious
Energy

THIS CHAPTER HAS BEEN DEDICATED TO

AUNT JENNIFER



THIS CHAPTER AND DRAWING WAS ONLY A
POSSIBILITY BECAUSE OF YOUR TRUST IN ME.
THANK YOU.